

---

# Devon Elizabeth Romero, Ph.D., LPC, NCC

Associate Professor  
Department of Counseling  
The University of Texas at San Antonio  
501 W. César E. Chávez Blvd.  
Durango Building 4.308  
San Antonio, TX 78207  
[devon.romero@utsa.edu](mailto:devon.romero@utsa.edu)  
<https://www.castrl.com>

---

## EDUCATIONAL BACKGROUND

- May 2018*                      Doctor of Philosophy, Counselor Education and Supervision,  
The University of Alabama (CACREP-accredited)
- Graduate Certificate: Quantitative Educational Research
- Dissertation: *Autonomic arousal and its relationship to child behavior:  
The moderating role of parenting practices*
- May 2014*                      Master of Arts, Clinical Mental Health Counseling, The University of  
Alabama (CACREP-accredited)
- May 2011*                      Bachelor of Science, Psychology, The University of Alabama

## LICENSURE AND CERTIFICATION

Licensed Professional Counselor (LPC), Texas #81776, 2019 – present

National Certified Counselor (NCC), #342698, 2014 – present

## PROFESSIONAL EMPLOYMENT HISTORY

- August 2024 –                      Associate Professor, *Department of Counseling, The University of Texas*  
Present                                      *at San Antonio, San Antonio, Texas*
- August 2018 –                      Assistant Professor, *Department of Counseling, The University of Texas*  
July 2024                                      *at San Antonio, San Antonio, Texas*
- May 2015 –                              Research Assistant, *Center for Prevention of Youth Behavior Problems,*  
August 2018                              *The University of Alabama, Tuscaloosa, Alabama*
- September 2014 –                      Graduate Research Assistant, *Center for Prevention of Youth Behavior*  
May 2015                                      *Problems, The University of Alabama, Tuscaloosa, Alabama*

August 2014 –  
May 2015 Graduate Assistant, *The University of Alabama*, Tuscaloosa, Alabama

November 2010 – Student Research Assistant, *Center for Prevention of Youth Behavior*  
August 2012 *Problems, The University of Alabama*, Tuscaloosa, Alabama

## RELEVANT CLINICAL EXPERIENCE

March 2022 – Mental Health Counselor and Neurofeedback Clinician, The Well Mind  
May 2024 Center, San Antonio, Texas

August 2018 – Volunteer Neurofeedback Clinician, *Sarabia Family Counseling Center*,  
December 2019 *The University of Texas at San Antonio*, San Antonio, Texas

August 2015 – Growth Group Facilitator, *The University of Alabama*, Tuscaloosa,  
November 2015 Alabama

August 2015 – Mental Health Counseling Doctoral Intern, *Brewer Porch Children's*  
October 2015 *Center, The University of Alabama*, Tuscaloosa, Alabama

August 2013 – Mental Health Counseling Intern, *Brewer Porch Children's Center, The*  
April 2014 *University of Alabama*, Tuscaloosa, Alabama

January 2013 – Mental Health Practicum Counselor, *Substance Abuse Group Counselor*,  
May 2013 *Indian Rivers Mental Health Center*, Tuscaloosa, Alabama

January 2013 – Mental Health Practicum Counselor, *Adult Outpatient Unit, Indian Rivers*  
May 2013 *Mental Health Center*, Tuscaloosa, Alabama

## AWARDS AND HONORS

### International Awards

2024 Chi Sigma Iota International Outstanding Chapter Faculty Advisor Award  
2018 Chi Sigma Iota International Outstanding Doctoral Student Award  
2016-2017 Chi Sigma Iota International Leadership Intern

### University, State, and National Awards

2025 Theta Alpha Mu Chapter of Chi Sigma Iota, Outstanding Research Award  
2025 Sigma Alpha Chi Chapter of Chi Sigma Iota, Outstanding Research Award (1)  
2025 Sigma Alpha Chi Chapter of Chi Sigma Iota, Outstanding Research Award (2)  
2023 Texas Counseling Association Research Award  
2022 Sigma Alpha Chi Chapter of Chi Sigma Iota, Outstanding Research Award  
2020 Sigma Alpha Chi Chapter of Chi Sigma Iota, Outstanding Research Award

- 2017 University of Alabama, College of Education, Program in Counselor Education Most Outstanding Graduate Student Award
- 2017 Rho Chapter of Chi Sigma Iota, Certificate of Appreciation for Outstanding Service to Rho Chapter as Past-President
- 2016 Certificate of Recognition for dedication, engagement, and leadership to Rho Chapter, presented at ALCA's conference
- 2016 Chi Sigma Iota Rho Chapter's Jane E. Myers Outstanding Service to Chapter Award
- 2009-2010 The Southeastern Conference Honor Roll Award

## RESEARCH/SCHOLARLY/CREATIVE ACTIVITIES SUMMARY

(\* denotes graduate student, \*\* denotes data-based manuscript)

*My research primarily focuses on studying trauma among historically marginalized, at-risk and underserved populations including: (a) children and youth and (b) individuals who have experienced sex trafficking utilizing complementary interventions and evidence-based outcome research for informing counselor training, research, and practice. Due to my graduate certificate in quantitative educational research, I also collaborate on projects that require my expertise in research methodology and contribute to researcher development.*

### Research Lab

Counselors Against Sex Trafficking (CAST) Research Lab

EST. 2021

Co-Founder, Lab Director, Faculty Mentor

### Publications

#### *Refereed Publications*

- [JA28] Interiano-Shiverdecker, C. G., **Romero, D. E.**, Harrichand, J. J. S, Martin, J.\*, & Thompson, D.\* (2025). Unveiling the multidimensional impact of sex trafficking: Insights from survivors. *Trauma and Resilience Counseling*, 2(1). <https://doi.org/10.33470/2997-7088.1035> \*\*
- Selected for the 2025 Outstanding Research Award, Sigma Alpha Chi Chapter, University of Texas at San Antonio
- [JA27] Prasath, P. R., **Romero, D. E.**, Interiano-Shiverdecker, C. G., Rich, W.\*, & Whiting, M.\* (2025). A scoping review: Implications for the development of sex trafficking interventions and training programs for mental health professionals. *Journal of Human Trafficking*. <https://doi.org/10.1080/23322705.2024.2441631> \*\* CiteScore (2023): 3.90
- [JA26] Gregory, J. C., Jones, M. S., **Romero, D. E.**, & Interiano-Shiverdecker, C. G. (2024). Neurofeedback for alcohol use disorder: Implications for single-case research design for evaluating sessions data and craving desire.

*NeuroRegulation*, 11(4), 338-354. <https://doi.org/10.15540/nr.11.4.338> \*\*  
Impact Factor (2022): 1.92 CiteScore (2024): 2.4

- [JA25] Harrichand, J. J. S., McVay, K.\*, **Romero, D. E.**, Daou, C.\* (2024). Counselors-in-training experiences with legislative advocacy: Expanding the three-tiered legislative professional advocacy model. *Journal of Counselor Leadership and Advocacy*.  
<https://doi.org/10.1080/2326716X.2024.2445504> \*\* CiteScore (202): 3.00
- Selected for the 2025 Outstanding Research Award, Sigma Alpha Chi Chapter, University of Texas at San Antonio
- [JA24] Stevens, M. M., Strohl, S.\*, **Romero, D. E.**, Interiano-Shiverdecker, C. G., & Prasath, P. R. (2024). A phenomenological investigation of research identity among counseling students in a research lab. *Journal of Counselor Leadership and Advocacy*.  
<https://doi.org/10.1080/2326716X.2024.2419638> \*\* CiteScore (2023): 3.00
- [JA23] **Romero, D. E.**, Interiano-Shiverdecker, C. G., & Prasath, P. (2024). Research labs in counselor education: Promoting research engagement and identity. *Journal of Creativity in Mental Health*.  
<https://doi.org/10.1080/15401383.2024.2415934> Impact Factor (2023): 1.20
- [JA22] Rich, W. Z.\*, **Romero, D. E.**, Spears, J. R., Jones, M. S., & Cummins, G.\* (2024). Quantitative electroencephalogram (q EEG) brain mapping of SWAT law enforcement. *Journal of Police and Criminal Psychology*.  
<https://doi.org/10.1007/s11896-024-09702-w> \*\* Impact Factor (2023): 2.24
- [JA21] **Romero, D. E.**, Interiano-Shiverdecker, C. G., McVay, K.\*, & Jones, B. (2024). Child sex trafficking and professional school counselor preparedness in Texas. *Journal of Counselor Preparation and Supervision*, 18(2), 1-12. \*\*
- [JA20] Spears, J. R., **Romero, D. E.**, Robertson, D., & Prasath, P. R. (2024). Development of neurofeedback training competencies for counselors: A Delphi study. *Counselor Education and Supervision*, 1-15.  
<https://doi.org/10.1002/ceas.12318> \*\* Impact Factor (2023): 2.14
- [JA19] Spears, J. R., **Romero, D. E.**, McVay, K., & Surratt, E. (2024). Trauma-informed Neurofeedback for law enforcement occupational and organizational stress. *NeuroRegulation*, 11(1), 81-91. <https://doi.org/10.15540/nr.11.1.81> \*\* (1 citations) Impact Factor (2022): 1.92
- [JA18] Interiano-Shiverdecker, C. G., **Romero, D. E.**, McVay, K. E.\*, Satel, E.\*, & Smith, K.\* (2024). "A learning curve": Counselors' experience working

- with sex trafficking. *The Professional Counselor*, 13(4), 385-403.  
<https://doi.org/10.15241/cgis.13.4.385> \*\* *Impact Factor* (2022): 2.70
- [JA17] Gregory, J. C., **Romero, D. E.**, Jones, M. S. (2023). Single-case research design: Exploring anxiety-based, individualized neurofeedback protocols. *NeuroRegulation*, 10(3), 159-169. <https://doi.org/10.15540/nr.10.3.159> \*\* (1 citations) *Impact Factor* (2022): 1.92
- [JA16] Boxmeyer, C. L., Stager, C., Miller, S., Lochman, J. E., **Romero, D. E.**, Powell, N. P., Chuong, B., & Qu, L. (2023). Mindful coping power effects on children's autonomic nervous system functioning and long-term behavioral outcomes. *Journal of Clinical Medicine*, 12(11), 3621.  
<https://doi.org/10.3390/jcm12113621> \*\* (1 citations) *Impact Factor* (2023): 3.98
- Press Coverage: Welbourne, B. (2023, July 7). UA research aims to improve children's social-emotional skills. UA News Center.  
<https://news.ua.edu/2023/07/ua-research-aims-to-improve-childrens-social-emotional-skills/>
- [JA15] Elliot, J. E.\*, & **Romero, D. E.** (2022). Intimate partner homicide and recommendations for counselors. *Journal of Mental Health Counseling*, 44(4), 283-296. <https://doi.org/10.17744/mehc.44.4.01> (3 citations) *Impact Factor* (2022): 1.00
- [JA14] Interiano-Shiverdecker, C. G., **Romero, D. E.**, & Elliot, J.\* (2022). Development of child sex-trafficking competencies: A Delphi study. *Journal of Interpersonal Violence*, 38(1-2), NP1397-NP1423  
<https://doi.org/10.1177/08862605221090569> \*\* (6 citations) *Impact Factor* (2022): 3.50
- [JA13] Interiano-Shiverdecker, C., **Romero, D. E.**, Anderson, A.\*, & Castellon, N. E.\* (2022). Content analysis of sex trafficking instruments. *International Journal for the Advancement of Counselling*, 44, 373-394.  
<https://doi.org/10.1007/s10447-021-09463-9> \*\* (3 citations) *Impact Factor* (2022): 1.91
- [JA12] Boxmeyer, C. L., Miller, S., **Romero, D. E.**, Powell, N. P., Jones, S., Qu, L., Tueller, S., & Lochman, J. E. (2021). Mindful Coping Power: Comparative effects on children's reactive aggression and self-regulation. *Brain Sciences*, 11(9), 1119. <https://doi.org/10.3390/brainsci11091119> \*\* (14 citations) *Impact Factor* (2021): 3.13
- [JA11] **Romero, D. E.**, Interiano-Shiverdecker, C. G., Castellon, N. E.\*, & Strentzsch, J. (2021). A review of child sex trafficking instruments. *Journal of Child and Adolescent Counseling*, 7(1), 56-69.

<https://doi.org/10.1080/23727810.2020.1835421> (8 citations) Impact Factor (2022): 0.70

- Selected for the 2022 Outstanding Research Award, Sigma Alpha Chi Chapter, University of Texas at San Antonio

[JA10] Lochman, J. E., Vernberg, E., Glenn, A., Jarrett, M., Powell, N. P., Abel, M., Boxmeyer, C. L., Kassing, F., Qu, L., **Romero, D.**, & Bui, C. (2021). Effects of autonomic nervous system functioning and tornado exposure on long-term outcomes of aggressive children. *Research on Child and Adolescent Psychopathology*, 49(4), 471-489. <https://doi.org/10.1007/s10802-020-00753-1> \*\* (4 citations) Impact Factor (2021): 4.10

[JA9] **Romero, D. E.**, Anderson, A.\*, Gregory, J. C.\*, Potts, C. A.\*, Jackson, A.\*, Spears, J. R.\*, Jones, M. S., & Speedlin, S. (2020). Using neurofeedback to lower PTSD symptoms. *NeuroRegulation*, 7(3), 99-106. <https://doi.org/10.15540/nr.7.3.99> \*\* (6 citations) Impact Factor (2020): 1.04

[JA8] Gregory, J. C.\*, **Romero, D. E.**, & Jones, M. S. (2020). Predictors of neurofeedback outcomes following qEEG individualized protocols for anxiety. *NeuroRegulation*, 7(1), 18-25. <https://doi.org/10.15540/nr.7.1.18> \*\* (12 citations) Impact Factor (2020): 1.04

- Selected for the 2020 Outstanding Research Award, Sigma Alpha Chi Chapter, University of Texas at San Antonio

[JA7] Miller, S., Boxmeyer, C., **Romero, D. E.**, Powell, N., Jones, S., & Lochman, J. (2020). Theoretical model of mindful coping power: Optimizing a cognitive behavioral program for high-risk children and their parents by integrating mindfulness. *Clinical Child and Family Psychology Review*, 23(3), 393-406. <https://doi.org/10.1007/s10567-020-00312-6> (24 citations) Impact Factor (2020): 5.57

[JA6] Muratori, P., Bertacchi, I., Masi, G., Milone, A., Nocentini, A., Powell, N. P., Lochman, J. E., Jones, S., Kassing, F., & **Romero, D.** (2019). Effects of a universal prevention program on externalizing behaviors: Exploring the generalizability of findings across school and home settings. *Journal of School Psychology*, 77, 13-23. <https://doi.org/10.1016/j.jsp.2019.09.002> \*\* (18 citations) Impact Factor (2019): 2.98

[JA5] Lochman, J. E., Glenn, A. L., Powell, N. P., Boxmeyer, C. L., Bui, C., Kassing, F., Qu, L., **Romero, D. E.**, & Dishion, T. (2019). Group versus individual format of intervention for aggressive children: Moderators and predictors of outcomes through four years after intervention. *Development and Psychopathology*, 31(5), 1757-1775.

<https://doi.org/10.1017/S0954579419000968> \*\* (14 citations) Impact Factor (2019): 3.29

- [JA4] Lu, J., Lo, C., Bang, N., & **Romero, D.** (2019). A critical review of spiritual well-being scales: Implications for research, practice, and education in rehabilitation counseling. *Rehabilitation Counseling Bulletin*, 62(3), 144-156. <https://doi.org/10.1177/0034355218776764> (12 citations) Impact Factor (2019): 1.05
- [JA3] Glenn, A. L., Lochman, J. E., Dishion, T., Powell, N. P., Boxmeyer, C., Kassing, F., Qu, L., & **Romero, D.** (2019). Toward tailored interventions: Sympathetic and parasympathetic functioning predicts responses to an intervention for conduct problems delivered in two formats. *Prevention Science*, 20(1), 30-40. <https://doi.org/10.1007/s11121-017-0859-0> \*\* (32 citations) Impact Factor (2019): 3.10
- [JA2] Cook, R. M., Welfare, L. E., & **Romero, D. E.** (2018). Counselor-in-training intentional nondisclosure in onsite supervision: A content analysis. *The Professional Counselor*, 8(2), 115-130. <https://doi.org/10.15241/rmc.8.2.115> \*\* (28 citations)
- [JA1] Lu, J., Webber, W., **Romero, D.**, & Chirino, C. (2018). Changing attitudes toward people with disabilities using public media: An experimental study. *Rehabilitation Counseling Bulletin*, 61(3), 175-186. <https://doi.org/10.1177/0034355217700820> \*\* (35 citations) Impact Factor (2018): 0.78

### ***Refereed Publications Under Review***

- [UR3] Prasath, P. R., **Romero, D. E.**, Interiano-Shiverdecker, C. G., Harrichand, J. J. S., & Garza Mendoza, L.\* (2025). Post-traumatic growth among sex trafficking survivors in the U.S. \*\*
- [UR2] McVay, K. E., **Romero, D. E.**, Prasath, P. R., & Leeth, C. (2025). Rural counseling competencies: A Delphi study. [Manuscript submitted for publication]. University of Texas at San Antonio. \*\*
- [UR1] Elliott, J. E., Interiano-Shiverdecker, C. G., Herlihy, B., & **Romero, D. E.** (2024). Exit wounds: A heuristic inquiry into the moral distress of counselor educators. [Manuscript submitted for publication]. University of Texas at San Antonio. \*\*

### ***Manuscripts in Progress***

- [IP12] Garza Mendoza, L., **Romero, D. E.**, Prasath, P. R., & Interiano-Shiverdecker, C. G. (2025, *writing*). Homelessness and sex trafficking: A scoping review.



- [IP11] **Romero, D. E.**, Interiano-Shiverdecker, C. G., Prasath, P. R., Robinson, A.\* (2024, *data analysis*). Counseling Students' Self-reported competencies regarding sex trafficking. \*\*
- [IP10] **Romero, D. E.**, Interiano-Shiverdecker, C. G., & Lee, D. (2025, *data collection*). Child sex trafficking competency scale: A modified Delphi study. \*\*
- [IP9] **Romero, D. E.**, & Gregory, J. C. (2023, *writing*). Single-case research design: Exploring trauma-based, individualized neurofeedback protocols. \*\*
- [IP8] Mayorga, C.,\* **Romero, D. E.**, Prasath, P. R., & Interiano-Shiverdecker, C. G. (2024, *data analysis*). Pedagogical interventions: Challenging the perceived misconceptions of sex trafficking in counselors in training. \*\*
- [IP7] Interiano-Shiverdecker, C. G., **Romero, D. E.**, Thompson, D.,\* & Harrichand, J. J. S. (2024, *writing*). Relational healing: Survivors of sex trafficking and their experiences of connection, disconnection, and growth. \*\*
- [IP6] McVay, K. E., **Romero, D. E.**, Interiano-Shiverdecker, C. G., & Mendoza, A.\* (2024, *data analysis*). Self-care practices of counselors working with sex trafficking survivors. \*\*
- [IP5] Spears, J. R., Rich, W. Z.\*, & **Romero, D. E.** (2024, *data collection*). Graduate neurofeedback training and counselor identity development: A phenomenological study. \*\*
- [IP4] Harrichand, J. J. S., Interiano-Shiverdecker, C. G., **Romero, D. E.**, Prasath, P. R., & Vento-Jones, C. (2024, *data analysis*). Counselor advocacy identity development: Perceptions of counselor trainees following the CAST training and internship experience. \*\*
- [IP3] Interiano-Shiverdecker, C. G., Prasath, P. R., & **Romero, D. E.** (2023, *data analysis*). Developing intellectual humility, quiet ego, and emotional intelligence in counselors-in-training through the CAST training and internship experience. \*\*
- [IP2] Harrichand, J. J. S., Prasath, P. R., Interiano-Shiverdecker, C. G., **Romero, D. E.**, & Smith, K.\* (2023, *writing*). Social determinants of health with sex trafficking survivors in the U.S. \*\*
- [IP1] Harrichand, J. J. S., Robertson, D., Interiano-Shiverdecker, C. G., **Romero, D. E.**, & Prasath, P. R. (2023, *data analysis*). An exploration of wellbeing in indigenous cultures in Oaxaca, Mexico. \*\*

### ***Books in Preparation***



- [BK1] **Romero, D. E.**, Interiano-Shiverdecker, C. G., & Prasath, P. R. *Counseling survivors of sex trafficking: A guide to competent practice*. [Book in preparation with the American Counseling Association]. Department of Counseling, University of Texas at San Antonio.

### *Book Chapters*

- [BC9] Boxmeyer, C. L., **Romero, D. E.**, Miller, S., & Lochman, J. E. (2025, *under review*). Optimizing coping power with mindfulness. In J. Lochman & C. Bradshaw (Eds.), *Cognitive Behavioral Intervention for Aggressive Children: Applying Coping Power in School and Clinical Settings*. Routledge.
- [BC8] Lochman, J. E., Kassing, F., & **Romero, D. E.**, & Stromeier, S. L. (2024; *under review*). Cognitive-behavioral therapy with angry and aggressive youth: The coping power program. R. D. Friedberg & M. A. Thordarson (Eds.), *Cognitive behavioral therapy with youth: Tradition and innovation* (2nd ed.). Springer Nature.
- [BC7] Boxmeyer, C. L., Miller, S., Lochman, J. E., **Romero, D. E.**, & Jones, S. (2022). Features of reactive aggression and use of Mindful Coping Power. In C. Martin, V. R. Preedy, & V. B. Patel (Eds.), *The handbook of anger, aggression, and violence: Causes, pathology and treatments*. Springer Nature. [https://doi.org/10.1007/978-3-030-98711-4\\_102-1](https://doi.org/10.1007/978-3-030-98711-4_102-1) (1 citations)
- [BC6] Boxmeyer, C. L., Miller, S., **Romero, D. E.**, Powell, N. P., Jones, S., Qu, L., Tueller, S., & Lochman, J. E. (2022). Mindful Coping Power: Comparative effects on children's reactive aggression and self-regulation. In A. Milone & G. Sesso (Eds.) *Disruptive disorders: Symptoms, evaluation, and treatment*. (pp. 153-172). MDPI. (Reprinted from "Mindful Coping Power: Comparative effects on children's reactive aggression and self-regulation," 2021, *Brain Sciences*, 11, 1119. <https://doi.org/10.3390/brainsci11091119>)
- [BC5] **Romero, D. E.**, Duffey, M., & Storlie, C. A. (2021). Synthesis. In C. A. Storlie & B. Herlihy (Eds.), *Counseling leaders and advocates: Strengthening the future of the profession*. American Counseling Association.
- [BC4] Interiano-Shiverdecker, C. G., **Romero, D. E.**, & Jones, B. (2021). Addressing trauma with children and adolescent clients. In B. Jones & B. Durodove (Eds.), *Child and adolescent counseling: An integrated approach*. Springer Publishing Company, LLC. <https://doi.org/10.1891/9780826147646.0012>
- [BC3] Stromeier, S. L., Lochman, J. E., Kassing, F., & **Romero, D. E.** (2020). Cognitive-behavioral therapy with angry and aggressive youth: The coping power program. In R. D. Friedberg & B. J. Nakamura (Eds.), *Tradition and innovation in cognitive behavioral therapy with youth*. Humana. <https://doi.org/10.1007/978-1-0716-0700-8> (7 citations)

- [BC2] Boxmeyer, C., Lochman, J. E., Mitchell, Q., Kassing, F., & **Romero, D.** (2018). Cognitive therapies: Anger management. In M. Martel (Ed.), *Disruptive, impulse-control, and conduct disorders: Features, assessment, pathways, and intervention*. Elsevier. <https://doi.org/10.1016/B978-0-12-811323-3.00010-9> (4 citations)
- [BC1] Boxmeyer, C. L., Powell, N. P., Mitchell, Q., **Romero, D.**, Powe, C., & Dillon, C. (2018). Psychosocial treatment and prevention in middle childhood and early adolescence. In J. E. Lochman & W. Matthys (Eds.), *The Wiley handbook of disruptive and impulse-control disorders*. Wiley-Blackwell. <https://doi.org/10.1002/9781119092254.ch27> (3 citations)

### ***Other Publications***

- [OP17] Harrichand, J. J. S., & **Romero, D. E.** (2023). Honorary and Dr. Thelma Duffey's Counselor Identity. *Sigma Alpha Chi Chapter Newsletter*, Spring 2023.
- [OP16] Surratt, E., McVay, K., & **Romero, D. E.** (2022). Preparing counselors-in-training for billing and private practice. *Chi Sigma Iota Exemplar*, 37(2), 20-21.
- [OP15] Speedlin Gonzalez, S., & **Romero, D. E.** (2021, September). Bexar county family drug court: Process and cost evaluation final report.
- [OP14] Glowiak, M., Stargell, N., & **Romero, D. E.** (2018, November). 10 key considerations in counselor community engagement (pp. 38-43). *Counseling Today*. American Counseling Association.
- [OP13] **Romero, D. E.** (2018). Autonomic arousal and its relationship to child behavior: The moderating role of parenting practices. [Doctoral dissertation, University of Alabama]. [https://ir.ua.edu/bitstream/handle/123456789/3648/file\\_1.pdf?sequence=1&isAllowed=y](https://ir.ua.edu/bitstream/handle/123456789/3648/file_1.pdf?sequence=1&isAllowed=y)
- [OP12] **Romero, D.** (2017, February). My CSI journey: From rho chapter to CSI international. *Chi Sigma Iota Rho Chapter Newsletter*, 9, 1-3.
- [OP11] **Romero, D.** (2016). Behind the scenes: A look at the roles and responsibilities of the evolving CSI Exemplar staff. *Chi Sigma Iota Exemplar*, 31(3), 16-19.
- [OP10] **Romero, D.** (2016, April). A word from the president. *Chi Sigma Iota Rho Chapter Newsletter*, 7, 1.
- [OP9] **Romero, D.** (2016, March). A word from the president. *Chi Sigma Iota Rho Chapter Newsletter*, 6, 1.

- [OP8] **Romero, D.** (2016, February). A word from the president. *Chi Sigma Iota Rho Chapter Newsletter*, 5, 1.
- [OP7] **Romero, D.** (2015, December). CSI f.a.q. *Chi Sigma Iota Rho Chapter Newsletter*, 4, 2.
- [OP6] **Romero, D.** (2015, December). A word from the president. *Chi Sigma Iota Rho Chapter Newsletter*, 4, 1.
- [OP5] **Romero, D.** (2015, November). A word from the president. *Chi Sigma Iota Rho Chapter Newsletter*, 3, 1.
- [OP4] **Romero, D.** (2015, October). A word from the president. *Chi Sigma Iota Rho Chapter Newsletter*, 2, 1.
- [OP3] **Romero, D.** (2015, September). A word from the president. *Chi Sigma Iota Rho Chapter Newsletter*, 1, 1.
- [OP2] **Romero, D.** (2015, September). Student spotlight. *Chi Sigma Iota Rho Chapter Newsletter*, 1, 7.
- [OP1] McKibben, W. B., & **Romero, D.** (2015). Let it rain (Zac Brown Band). [Review of the song Let it Rain, 2014, by Z. Brown]. The Counselor's Bookshelf: Music. Chi Sigma Iota International.

### Scholarly Presentations

(\* denotes graduate student, \*\* denotes data-based)

### International—Refereed Contributions

- Harrichand, J. J. S., Interiano-Shiverdecker, C. G., **Romero, D. E.**, Priscilla R. Prasath, & Moreno, K. (2024, October). *Understanding sex trafficked survivors through the social determinants of health*. [Roundtable session]. European Branch – American Counseling Association (EB-ACA) 2024 Conference, Schiller University, Heidelberg, Dnemark.
- Prasath, P. R., **Romero, D. E.**, Interiano-Shiverdecker, C. G., Harrichand, J. J. S., & Garza Mendoza, L.\* (2024, June). *Uncovering post traumatic growth among survivors of sex trafficking: What counselors need to know?* [Poster presentation]. International Association for Counselling 2024 Conference, Naples, Italy. \*\*
- Harrichand, J. J. S., Interiano-Shiverdecker, C. G., **Romero, D. E.**, Prasath, P. R., & Smith, K. (2024, June). *Social determinants of health with sex trafficking survivors in the United States*. [Poster presentation]. International Association for Counselling 2024 Conference, Naples, Italy. \*\*

**Romero, D. E.**, Prasath, P. R., Interiano-Shiverdecker, C. G., Harrichand, J. J. S., & Martin, J.\* (2023, April). *Surviving sex trafficking: A phenomenological study*. [Research session]. American Counseling Association (ACA) Conference and Expo, Toronto, Canada. \*\*

Prasath, P. R., Interiano-Shiverdecker, C.G., **Romero, D. E.**, Rich, W.\*, & Whiting, M.\* (2023, March). *A “how-to” training guide for effectively serving sex trafficking clients*. [Education session]. American Counseling Association (ACA) Conference and Expo, Toronto, Canada. \*\*

Gregory, J. C.\*, **Romero, D. E.**, & Jones, M. S. (2019, September). *Predictors of Neurofeedback Outcomes Following qEEG Individualized Protocols for Anxiety*. [Poster presentation]. International Society for Neurofeedback & Research 27th Annual Conference, Denver, CO, United States. \*\*

Boxmeyer, C., Miller, S., Henkin, H.\*, **Romero, D.**, Bishop, H.\*, & Lochman, J. (2018, November). *Effects of leader mindfulness in a randomized trial of Mindful Coping Power*. [Paper presentation]. 2018 International Symposium for Contemplative Research, Wild Horse Pass, AZ, United States. \*\*

Jones, S., Miller, S., Boxmeyer, C., **Romero, D.**, Lochman, J., Powell, N., & Tueller, S. (2018, July). *Pilot randomized controlled trial (RCT): Integrating mindfulness into an evidence-based preventive intervention for children and their parents: Optimization of effects*. [Poster presentation]. International Conference on Mindfulness 2018. Amsterdam, Netherlands. \*\*

Lochman, J. E., Glenn, A., Dishion, T., Powell, N., Boxmeyer, C., Kassing, F., Qu, L., & **Romero, D.** (2018, June). *Autonomic nervous system predictors of aggressive preadolescents' response to group versus individual intervention formats through a four-year follow-up*. [Content presentation]. Life History Research Society Conference, Paris, France. \*\*

### ***National – Refereed Contributions***

Romero, D. E., Nice, M., Irvine, T., & Messinger, E. (2025, October, *accepted*). Best Practices for Supporting Wellness in Counseling Programs [Education session]. Association for Counselor Education and Supervision, Philadelphia, PA, United States.

Romero, D. E., Interiano-Shiverdecker, C. G., Prasath, P., Stevens, M., & Strohl, S. (2025, October, *accepted*). Research labs in counselor education. [Poster presentation]. Association for Counselor Education and Supervision, Philadelphia, PA, United States.

Harrichand, J. J. S., **Romero, D. E.**, Daou, C., & McVay, K. E. (2025, October, *accepted*). Empowering future advocates: Integrating legislative advocacy into counselor training and supervision. [Education session]. Association for Counselor Education and Supervision, Philadelphia, PA, United States.

Harrichand, J. J. S., Interiano-Shiverdecker, C. G., **Romero, D. E.**, & Prasath, P. R. (2025, March). *Social determinants of health with sex trafficking survivors in the U.S.* [Research

session]. American Counseling Association Conference and Expo, Orlando, FL, United States.

McVay, K. E., Mendoza, A., **Romero, D. E.**, & Interiano-Shiverdecker, C. G. (2025, March). *Self-care practices of counselors working with sex trafficking survivors*. [Poster presentation]. American Counseling Association Conference and Expo, Orlando, FL, United States. <https://doi.org/10.13140/RG.2.2.20403.54567>

Harrichand, J. J. S., McVay, K. E., & **Romero, D. E.** (2023, September). *Counselors-in-training experiences with legislative advocacy*. [Poster presentation]. Association for Assessment and Research in Counseling 2023 Conference. \*\*

Gregory, J. C.\*, **Romero, D. E.**, & Jones, M. S. (2020, September). *Predictors of neurofeedback outcomes following qEEG individualized protocols for anxiety*. [Poster presentation]. Association for Assessment and Research in Counseling 2020 Conference, Online Conference. \*\*

Jones, J.\*, Potts, C. A.\*, & **Romero, D. E.** (2020, April). *Preventing counselor burnout: Infusing multicultural wellness education into supervision*. [Roundtable session accepted but not delivered due to COVID-19 cancellations]. American Counseling Association Conference and Expo, San Diego, CA, United States.

**Romero, D. E.**, Interiano-Shiverdecker, C. G., & Strentzsch, J. (2020, April). *Child and adolescent sex-trafficking: Implications for mental health care*. [Education content session accepted but not delivered due to COVID-19 cancellations]. American Counseling Association Conference and Expo, San Diego, CA, United States.

**Romero, D. E.**, Potts, C. A.\*, Jackson, A.\*, Brown, T.\*, Schlosz, D. J.\*, & Maghsoudi, M.\* (2019, October). *Avoidance and silence in counselor education and supervision*. [Education presentation]. Association for Counselor Education and Supervision Biannual conference, Seattle, WA, United States.

Potts, C. A.\*, **Romero, D. E.**, & Jackson, A.\* (2019, October). *Changing hats: Transitioning from student to counselor educator*. [Roundtable presentation]. Association for Counselor Education and Supervision biannual conference, Seattle, WA, United States.

Castellon, N. E.\*, Interiano-Shiverdecker, C. G., & **Romero, D. E.** (2019, September). *Content analysis of sex-trafficking instruments*. [Poster Presentation]. Association for Assessment and Research in Counseling Annual Conference, San Antonio, TX, United States. \*\*

Interiano-Shiverdecker, C. G., **Romero, D. E.**, & Castellon, N. E.\* (2019, September). *Sex-trafficking: Where's the research?* [Roundtable presentation]. Association for Assessment and Research in Counseling Annual Conference, San Antonio, TX, United States.

Gregory, J. C.\*, **Romero, D. E.**, Jones, M. S., & Jackson, A.\* (2019, September). *Using multilevel modeling to determine predictors of neurofeedback outcomes following qEEG*

- individualized protocols for anxiety*. [Poster presentation]. Association for Assessment and Research in Counseling Annual Conference, San Antonio, TX, United States. \*\*
- Boxmeyer, C., Miller, S., Lochman, J., **Romero, D.**, Powell, N., Jones, S., & Qu, L. (2019, May). *Effects of mindful Coping Power on physiological indicators of stress*. [Paper presentation]. Society for Prevention Research 27th Annual Meeting in Washington, DC, United States. \*\*
- Miller, S., Boxmeyer, C., Lochman, J., **Romero, D.**, Powell, N., Jones, S., & Tueller, S. (2018, June). *Optimizing the Coping Power preventive intervention for children with reactive aggression by integrating mindfulness*. [Paper presentation]. Society for Prevention Research 26th Annual Meeting in Washington, DC, United States. \*\*
- Romero, D.**, & Bledsoe, K. G. (2018, April). *Counselor burnout: Intervening in supervision through wellness and education*. [Roundtable presentation]. American Counseling Association Conference and Expo, Atlanta, GA, United States.
- Bledsoe, K. G., Davis, A., & **Romero, D.** (2018, April). *Transitions and expectations of the emerging counseling professional*. [Education presentation]. American Counseling Association Conference and Expo, Atlanta, GA, United States.
- Romero, D.** (2017, October). *Counselors-in-training and burnout: Intervening in supervision through wellness and education*. [Poster presentation]. Association for Counselor Education and Supervision biannual conference, Chicago, IL, United States.
- Burnham, J., Bledsoe, K., Davis, A., Hicks, A., Potts, C., & **Romero, D.E.** (2017, October). *Striking the family, work, and life balance: Suggestions for women in academia*. [Roundtable presentation]. Association for Counselor Education and Supervision biannual conference, Chicago, IL, United States.
- Stargell, N., Glowiak, M., & **Romero, D.** (2017, March). *Advocacy and the 10 key considerations in counselor community engagement*. [Content presentation]. American Counseling Association Conference and Expo, San Francisco, CA, United States.
- Miller, S., Boxmeyer, C., Lochman, J., Powell, N., **Romero, D.**, Jones, S., & Rowe, J. (2016, May). *Mindfulness-enhanced coping power: Adaptation and feasibility testing*. [Education presentation]. Society for Prevention Research annual conference, San Francisco, CA, United States. \*\*
- Jones, S., & **Romero, D.** (2016, April). *The coping power program and evaluated adaptations*. [Education presentation]. Blueprints annual conference, Denver, CO, United States. \*\*
- Kiper-Riechel, M. E., Burnham, J., **Romero, D.**, & Guyotte, K. (2015, October). *Women in academia: Successful career transitioning, while balancing family, work, and life*. [Roundtable presentation]. Association for Counselor Education and Supervision biannual conference, Philadelphia, PA, United States.

Webber, W., Shepard, C., **Romero, D.**, Dorn, O., & Kiper-Riechel, M. E. (2015, October). *The potentiality of enhancing spirituality through mindfulness and neurofeedback*. [Poster presentation]. Association for Counselor Education and Supervision biannual conference, Philadelphia, PA, United States.

Webber, W., Shepard, C., **Romero, D.**, Dorn, O., & Kiper-Riechel, M. E. (2015, July). *Mindfulness and neurofeedback: Possibilities for enhancing spirituality*. [Poster presentation]. Association for Spiritual, Ethical, and Religious Values in Counseling annual conference, New York, NY, United States.

### ***Regional – Refereed Contributions***

Boxmeyer, C. L., Stager, C., Miller, S., Lochman, J. E., **Romero, D. E.**, Powell, N. P., Chuong, B., & Qu, L. (2023, April). *Mindfulness training enhances effects of a substance use preventive intervention on children's stress physiology and long-term behavioral outcomes*. [Poster Presentation] Rural Health Conference 2023, Turn the Tide: Preventing, Treating and Investigating the Opioid Crisis, Tuscaloosa, AL, United States. \*\*

Interiano-Shiverdecker, C.G., **Romero, D. E.**, Prasath, P., Satel, E. \*, Smith, K. \*, & Whiting, M. \* (2022, November). *Advocating for research labs in counseling programs*. [Poster presentation]. Southern Association for Counselor Education and Supervision (SACES). Baltimore, MD, United States.

**Romero, D.**, Boxmeyer, C., Miller, S., Powell, N., Jones, S., Qu, L., Tueller, S., & Lochman, J. (2018, April). *Preliminary effects of the Mindful Coping Power program on children's reactive aggression and self-regulation*. [Poster presentation]. 19th Annual Rural Health Conference, Substance Abuse in Alabama: When it Hits Home, Tuscaloosa, AL, United States. \*\*

Boxmeyer, C., Miller, S., Lochman, J., Powell, N., **Romero, D.**, Jones, S., & Rowe, J. (2016, April). *Mindful Coping Power: An integrated mindfulness, yoga, and cognitive-behavioral preventive intervention for at-risk aggressive children and their parents*. [Poster presentation]. 17th Annual Rural Health Conference, Complementary and Integrative Medicine: A Whole Person Approach to Healthcare, Tuscaloosa, AL, United States. \*\*

### ***State – Refereed Contributions***

Interiano-Shiverdecker, C. G., Prasath, P. R., **Romero, D. E.**, Harrichand, J. J. S., & Garza Mendoza, L. (2024, November). *Trauma and thriving: Counselors' guide to survivors' experiences* [90-minute Workshop]. Texas Counseling Association 2024 Professional Growth Conference, Dallas, TX, United States.

Harrichand, J. J. S., McVay, K., **Romero, D. E.**, & Daou, C. (2024, November). *Looking towards TCA 2025 legislative advocacy day: What can counselors do to prepare?* [Content session]. Texas Counseling Association 2024 Professional Growth Conference, Dallas, TX, United States.



Radu, R., Lazaro, K. E., & **Romero, D. E.** (2024, February). *Development of multicultural and multilingual PhD students in counselor education and supervision*. [Poster presentation]. Texas Association for Counselor Education and Supervision (TACES) 2024 Midwinter Conference, Sheraton Austin Georgetown Hotel & Conference Center, Georgetown, TX, United States.

Harrichand, J. J. S., McVay, K., **Romero, D. E.**, & Daou, C. (2024, February). Expanding the three-tiered legislative professional advocacy model. [Education session]. Texas Association for Counselor Education and Supervision (TACES) 2024 Midwinter Conference, Sheraton Austin Georgetown Hotel & Conference Center, Georgetown, TX, United States.

**Romero, D. E.**, Interiano-Shiverdecker, C. G., & Prasath, P. R. (2023, November). Sex trafficking: What is it? Where do I start? [90-minute Workshop]. Texas Counseling Association 2023 Professional Growth Conference, Houston, TX, United States.

**Romero, D. E.**, Daou, C.\*, & Martin, J.\*, & Prasath, P. R. (2023, November). *Maintaining wellness when working with complex trauma: Considerations for the master's clinical experience*. [Poster presentation]. Texas Counseling Association 2023 Professional Growth Conference, Houston, TX, United States.

**Romero, D. E.**, Interiano-Shiverdecker, C. G., McVay, K.\*, & Jones, B. (2021, November). *School counselors' training: Child sex-trafficking in the community and the impact of COVID-19*. [Content presentation]. Texas Counseling Association 2021 Professional Growth Conference, Galveston, TX, United States. \*\*

Interiano-Shiverdecker, C. G., **Romero, D. E.**, Morris, C.\*, & Strentzsch, J. (2019, November). *Child and adolescent sex trafficking for school counselors*. Content session presented at the Texas Counseling Association 2019 Professional Growth Conference, Fort Worth, TX, United States.

Boxmeyer, C., Miller, S., Lochman, J., **Romero, D.**, Powell, N., & Jones, S. (2019, October). *Mindful coping power: A preventive intervention to improve emotion regulation and impulse control in youth at risk for substance use*. [Presentation]. UA System Behavioral Health Conference, Tuscaloosa, AL, United States. \*\*

Burnham, J., Hicks, A.\*, Davis, A.\*, Bledsoe, K.\*, Potts, C.\*, & **Romero, D. E.** (2018, November). *Women in academia: Understanding the career, family, and life balance*. [Content presentation]. Alabama Counseling Association Annual Conference, Birmingham, AL, United States.

**Romero, D.**, & Davis, A. (2017, November). *Secrets in counseling: Ethical considerations when working with multiple identified clients*. [Content presentation]. Alabama Counseling Association Annual Conference, Mobile, AL, United States.

- Chirino, C., Lu, J., Webber, W., **Romero, D.** (2016, November). *The impact of public media on attitude change toward individuals with disabilities: An experimental study*. [Poster presentation]. Alabama Counseling Association annual conference, Birmingham, AL, United States. \*\*
- Romero, D.** (2015, November). *Neurofeedback: Treating the neurodevelopmental effects of child maltreatment*. [Poster presentation]. Alabama Counseling Association Annual Conference, Montgomery, AL, United States.
- Romero, D.** (2014, November). *The developmental effects of child maltreatment*. [Poster presentation]. Alabama Counseling Association Annual Conference, Huntsville, AL, United States.
- Shepard, C., & **Romero, D.** (2014, November). *An introduction to neurofeedback*. [Content presentation]. Alabama Counseling Association annual conference, Huntsville, AL, United States.
- Romero, D.**, & Shepard, C. (2013, November). *The efficacy of using neurofeedback to treat ADHD*. [Poster presentation]. Alabama Counseling Association annual conference, Montgomery, AL, United States.
- Local – Refereed Contributions*
- Interiano-Shiverdecker, C. G., Prasath, P. R., & **Romero, D. E.** (2025, April). From research to action: Preparing counselors to support survivors of sex trafficking. [Education session]. 2025 Trauma and Thriving Symposium. San Antonio, TX, United States.
- Vento-Jones, C., Robinson, A., **Romero, D. E.**, Interiano-Shiverdecker, C. G., & Prasath, P. (2025, April). Exploring the role of trauma-focused training on counselor development during internship. [Poster presentation]. 2025 Trauma and Thriving Symposium. San Antonio, TX, United States.
- Harrichand, J. J. S., McVay, K., **Romero, D. E.**, & Daou, C. (2025, January). *Looking towards TCA 2025 legislative advocacy day: What can counselors do to prepare?* [Content session]. South Central Regional Counseling Association Winter Workshop. San Antonio, TX, United States.
- Thompson, D., Walker, T., Interiano-Shiverdecker, C. G., **Romero, D. E.**, Harrichand, J. J. S., & Martin, J. (2024, April). Relationships after sex trafficking: In the words of survivors. 2024 Trauma and Thriving Symposium. San Antonio, TX, United States. \*\*
- Romero, D. E.**, Interiano-Shiverdecker, C. G., & Prasath, P. R. (2024, April). *Unveiling the multidimensional impact of sex trafficking: Insights from survivors' experiences*. 2024 Trauma and Thriving Symposium. San Antonio, TX, United States. \*\*
- Boxmeyer, C., Miller, S. Henkin, H.\*, **Romero, D.**, Bishop, H.\*, Lochman, J. & Williams, J. (2018, November). *Developing an observational system for coding leader mindfulness*.

[Poster presentation]. 10th Annual CCHS Research and Scholarly Activity Day. Tuscaloosa, AL, United States. \*\*

**Romero, D.**, Boxmeyer, C., Miller, S., Powell, N., Jones, S., Qu, L., Tueller, S., & Lochman, J. (2017, November). *Preliminary effects of the Mindful Coping Power program on children's reactive aggression and self-regulation*. [Poster presentation]. 8th Annual CCHS Research Day, Tuscaloosa, AL, United States. \*\*

Boxmeyer, C., Miller, S., Lochman, J., Powell, N., **Romero, D.**, Jones, S., & Rowe, J. (2016, April). *Mindful Coping Power: An integrated mindfulness, yoga, and cognitive-behavioral preventive intervention for at-risk aggressive children and their parents*. [Poster presentation]. 7th Annual CCHS Research and Scholarly Activity Day, Tuscaloosa, AL, United States. \*\*

**Romero, D.** (2015, April). *Impact of child maltreatment on the stress response system*. [Poster presentation]. Educational Studies in Psychology, Research Methodology, and Counseling annual symposium, Tuscaloosa, AL, United States.

**Romero, D.**, & Shepard, C. (2015, February). *Conference poster presentation panel*. [Education presentation]. Counselor Education Master's students at the University of Alabama, Tuscaloosa, AL, United States.

**Romero, D.** (2014, December). *The developmental effects of child maltreatment*. [Poster presentation]. Department of Educational Studies in Psychology, Research Methodology, and Counseling for course BEP 690, Tuscaloosa, AL, United States.

**Romero, D.** (2014, October). *Practicum and internship experience and placements*. [Education presentation]. Counselor Education Master's students at the University of Alabama, Tuscaloosa, AL, United States.

## Granting Activities

### *External*

*Advancing counselor research engagement and identity development (ACREID) program*. (Co-PI, \$946,861). National Institute of Mental Health, Short Courses for Mental Health Related Research. Under Review. 2025.

*Strengths-based trauma-informed approach and resilience services in schools (STARSS) project*. (PI, approx. \$5,000,000). Office of Elementary and Secondary Education, Mental Health Service Professional Demonstration Grant Program. Not funded. 2024.

*A qualitative exploration of the effectiveness of a pilot Sex Trafficking Training Program: Counselor trainees and site supervisors' perspectives*. (Co-PI, \$500, 33%). Texas Counselor Educators and Supervisors (TACES) Research Award. Not funded. 2023. [Research].

*Counselors fight against modern day slavery: A sex trafficking publication project.* (PI, \$247,293, 34%). National Endowment for the Humanities (NEH) Collaborative Research Program. Not funded. 2022. [Research]

*Subcontract with pacific northwest national laboratory for neural evidence aggregation tool.* (Co-PI, 240,073, 50%). Defense Advanced Research Projects Agency (DARPA). Not funded. 2022. [Research]

*Counselors against sex trafficking.* (PI, \$396,705, 40%). Texas Higher Education Coordinating Board, Minority Health Research and Education Grant Program. Funded. 2021. [Service]

*Developing child sex trafficking competencies and a training for school counselors in Texas.* (Co-PI, \$17,634, 40%). Association for Assessment and Research in Counseling. Not funded. 2020. [Research]

*Program evaluation of Centro Seguro drop-in shelter at Roy Maas Youth Alternatives.* (Co-PI, \$39,990, 50%). Office of the Governor, Public Safety Office. Funded. 2020. [Research]

*Inaugural Texas CSI counselor community engagement summit and chapter networking event.* (Co-author, \$800). Chi Sigma Iota Statewide Networking Grant. Funded. 2019.

*The ESTEEM project (enhancing student training + education = evaluation and multicultural competency).* (PI, \$497,572, 50%). Texas Higher Education Coordinating Board, Minority Health Research and Education Grant Program. Not funded. 2019. [Service]

*Subcontract with AOC for adult drug court discretionary grant.* (Collaborator, \$160,000). Bureau of Justice Assistance. Funded. 2018. [Research]

*Coping for personal power: Cognitive behavioral therapy curriculum, training, and technical assistance.* (Co-PI, \$225,000). Laura and John Arnold Foundation and Overdeck Family Foundation. Not funded. 2018. [Service]

*First annual Alabama CSI networking meeting: Advocating for client wellness and equity* (\$400). Chi Sigma Iota State Networking Grant. Funded. 2016.

*Alabama counseling association scholarship.* (\$48). Alabama Counseling Association Chapter III. Funded. 2016.

### ***Internal***

#### **The University of Texas at San Antonio**

*Counselors fight against modern day slavery: A sex trafficking project.* (\$5,000). Internal Research Awards (INTRA program). Funded. 2024. [Research]

*The uncovering post traumatic growth among survivors of sex trafficking: What counselors need to know?.* (\$1,000). UTSA VPREDKE Faculty Travel Support Program FY 2024. Funded. 2024.

*International association for counselling conference.* (\$1,353). UTSA National Travel Impact Award. Funded. 2024.

*ACA conference and expo.* (\$1,000). UTSA National Travel Impact Award. Funded. 2023.

*ACA Conference 2023 Sex Trafficking Presentations.* (\$1,000). UTSA VPREDKE Faculty Travel Support Program FY 2023. Funded. 2022.

*Development and validation of child sex trafficking competencies with school counselors in texas.* (PI, \$2,500). COEHD Faculty Research Awards. Funded. Revision of 2019 proposal due to COVID-19. 2020. [Research]

*Child sex-trafficking survey of school counselors in Texas.* (PI, 2,500). COEHD Faculty Research Awards. Funded. Revision of 2019 proposal due to COVID-19. 2020. [Research]

*Development and validation of child sex trafficking competencies with school counselors in Texas.* (Co-PI, \$20,000, 50%). Grants for Research Advancement and Transformation (GREAT program), Office of the Vice President for Research Economic Development and Knowledge Enterprise, University of Texas at San Antonio. Submitted. Not funded. 2020. [Research]

*Neurofeedback treatment for PTSD symptoms using individualized qEEG protocols: A pilot study.* (PI, \$5,000). COEHD Faculty Research Awards. Funded. Not completed due to COVID-19. 2019. [Research]

#### The University of Alabama

*Graduate student research and travel award.* (\$300). The University of Alabama. Funded. 2017.

*Graduate student research and travel award.* (\$450). The University of Alabama. Funded. 2017.

*Graduate student research and travel award.* (\$1,310). The University of Alabama. Funded. 2016.

*Graduate student research and travel award.* (\$120). The University of Alabama. Funded. 2015.

*Graduate student research and travel award.* (\$200). The University of Alabama. Funded. 2014.

*Graduate student research and travel award.* (\$145). The University of Alabama. Funded. 2013.

## Intellectual Property

Interiano-Shiverdecker, C. G., **Romero, D. E.**, & Elliott, J. E. (2021). Child sex trafficking competency scale for counselors: Self-report. Copyright 2021 by Interiano-Shiverdecker, Romero, and Elliott.

Interiano-Shiverdecker, C. G., **Romero, D. E.**, & Elliott, J. E. (2021). Child sex trafficking competency scale for counselors: Supervisor report. Copyright 2021 by Interiano-Shiverdecker, Romero, and Elliott.

## Events Planned, Managed, and Organized

2025 Trauma and Thriving Symposium. (April 4, 2025). San Antonio, TX.

2024 Trauma and Thriving Symposium. (April 19, 2024). San Antonio, TX.

## Training and Development

**Romero, D. E.**, Interiano-Shiverdecker, C. G. & Prasath, P. R. (2023, July). *Sex trafficking in integrative behavioral health settings*. San Antonio, TX, United States.

**Romero, D. E.**, Interiano-Shiverdecker, C. G. & Prasath, P. R. (2023, May). *Counselors against sex trafficking (CAST) training days*. San Antonio, TX, United States.

Interiano-Shiverdecker, C. G., **Romero, D. E.**, Prasath, P. R., McKinnon, A. (2023, April). Sex trafficking workshop. San Antonio, TX, United States.

**Romero, D. E.**, Interiano-Shiverdecker, C. G. & Prasath, P. R. (2022, August). *Counselors against sex trafficking (CAST) training days*. San Antonio, TX, United States.

## Media Contributions

**Romero, D. E.**, Interiano-Shiverdecker, C. G., & Prasath, P. R. (Guest Speakers). (2023, May 25). A call to action: Counselors against sex trafficking. [Audio podcast episode aired June 2, 2023]. In *The Thoughtful Counselor*.  
<https://open.spotify.com/episode/2UK9M9rhRgcTSIGWEKJT1H?si=kKwb6iuQQS6uAW66Nf6oYA>

**Romero, D. E.**, Interiano-Shiverdecker, C. G., & Prasath, P. R. (Guest Speakers). (2022, November 17). Counselors against sex trafficking. [Audio podcast episode aired May 25, 2023]. In *The Voice of Counseling*. American Counseling Association.  
<https://acapodcast.libsyn.com/counselors-against-sex-trafficking>

## TEACHING ACTIVITIES

### Courses Taught

#### *The University of Texas at San Antonio*

COU 5113	Ethical, Legal, and Professional Issues in Counseling (Summer 2019, Summer 2020, Summer 2021, Spring 2023, Summer 2024, Summer 2025)
COU 5223	Clinical Assessment and Appraisal Strategies for Counselors (Spring 2019, Summer 2019, Fall 2019, Spring 2020, Summer 2020, Fall 2020, Spring 2021, Summer 2021, Fall 2021, Spring 2022, Summer 2022, Fall 2022, Spring 2023, Fall 2023, Fall 2024)
COU 5713	Clinical Mental Health Internship I (Fall 2021, Fall 2022)
COU 6893	Foundations of Research in Counseling & Development (Fall 2018, Fall 2019, Fall 2020, Fall 2025)
COU 7133	Seminar in Professional Development (Fall 2023, Fall 2024)
COU 7283	Advanced Multicultural Counseling (Summer 2023)
COU 7513	Internship I (Fall 2025)
COU 7773	Independent Study (doctoral level; Summer 2019, Fall 2019, Summer 2024, Fall 2024)
COU 7893	Advanced Research in Counseling & Development (Spring 2019, Spring 2020, Spring 2021, Spring 2022, Spring 2024, Spring 2025)

#### *The University of Alabama*

BCE 512	Counseling Theory and Process (Co-instructor, Fall 2016)
BCE 516	Practicum II (Co-instructor, Spring 2017)

### Guest Lecturer

#### *The University of Texas at San Antonio*

COU 7133	Seminar in Professional Development (Fall 2018, Fall 2020, Fall 2022)
----------	---

#### *The University of Alabama*

BCE 301	Introduction to Counseling (Fall 2017)
BCE 518	Intro to Clinical Mental Health Counseling (Fall 2017)
BCE 650	Counseling Strategies for Family Interventions (Fall 2016)

### Student Advising, Mentoring, and Doctoral Dissertation Committees

Snapshot: Students Mentored and Advised	
CMHC master's advisees per semester through Fall 2023:	Approx. 45
Doctoral advisees beginning August 2023:	25



Doctoral student's dissertation committee chair:	8
Doctoral student's dissertation committee membership:	22
Doctoral students mentored through Independent Study:	7
Undergraduate students mentored in research:	1
Master's students mentored in research:	11
Doctoral students mentored in research:	20
Doctoral TAs mentored:	10

### ***Dissertation Committees***

#### Chair

Taylor Brown, (Graduated; May 2025; Chair)

*Implications and integration of religion/spirituality in CACREP counselor education programs for counselors-in-training*

Crystal Hahn, (Graduated; May 2025; Co-Chair)

*Developing military service-related PTSD training curricula for entry level counselors: A Delphi study*

Michael Lillis, (Graduated; May 2025; Co-Chair)

*An interpretive phenomenological analysis of the experiences of neurodivergent students who pursued a degree in clinical mental health counseling at a CACREP accredited program*

Swathi Weaver, (Graduated; May 2025; Chair)

*Between curry and kale: Eating disorder risk among adult women of Indian descent living in the United States*

Ashley Jackson, (Graduated; August 2024; Co-Chair)

*Perceived competency in animal-assisted therapy in counseling: An instrument validation*

Katherine McVay, (Graduated, May 2023)

*Rural counseling competencies: A Delphi study*

Laurel Jackson-Cook, (Graduated, May 2023)

*Counselor exhaustion: Neurofeedback versus mindfulness*

Whitney Rich, (In progress; Co-Chair)

#### Member

Justin Lockhart, (Graduated, May 2025)

*Holding out for a hero: Examining the impact of psychological capital development on the mental health, burnout, and work engagement of doctoral students*

Ross Spears, (Graduated, August 2023)

*Development of student neurofeedback learning competencies: A Delphi methods study*

Noel Blessing, (Graduated, May 2023)

*Bridging the gap: Understanding the experiences of pre-licensed counselors*

Kristin Wood, (Graduated, May 2023)

*Assessing counselor educator perceived preparedness in identifying treating, & teaching dissociative disorders*

Jordan Elliott, (Graduated, May 2022)

*Exit wounds: A heuristic inquiry into the moral distress of counselor educators*

J. Claire Gregory, (Graduated, May 2022)

*Using a neuro-ecological approach: Individualized neurofeedback for the treatment of alcohol use disorder*

Crystal Hughes, (Graduated, May 2022)

*Generation X women who enter mental health counseling as a second career*

Omar Husain, (Graduated, May 2021)

*The elephant in the room: Pornography addiction and the American Muslim community*

Cheri Trahan-Keene, (Graduated, May 2021)

*Determining the efficacy of a newly developed human-centered online education and contact based stigma reduction training, stigma reduction training—counselor, in counselors-in-training*

Sydney Nova, (Graduated, May 2021)

*Supervisor development: Clinical supervisors' lived experiences of supervising counselors who counsel clients that engage in nssi*

Bianca Goodrum, (Graduated, December 2020)

*Stories of grief counselors' self-care and wellness practices: A narrative inquiry*

Mahsa Magshoudi, (Graduated, May 2020)

*Healing the scars: A phenomenological study of clinical supervisors' lived-experiences of supervising counselors who serve female intimate partner violence survivors in Texas*

David Schlosz, (Graduated, May 2020)

*The impact of reparative therapy on gay identity development*

Megan Smith, (Graduated, May 2020)

*Factors predicting the reporting behaviors of clinical mental health counselors in Texas*

Mercedes Vaughn Ingram, (Graduated, December 2018)

*Factors predicting mental health outcomes in pediatric clients receiving services in an integrated health care setting*

Shandra Harris (In progress)

Krystal Lazaro (In progress)

Rahela Radu, (In progress)  
David Thompson (In progress)

Aneesha Anderson, (proposal defended; left program 2022)  
Meara McMains, (proposal defended; left program 2021)  
Lizzette Nale, (pre-proposal passed; left program 2021)

## **PROFESSIONAL DEVELOPMENT TRAINING**

International Study Program. (2023). Ollin Tlahtoalli, Oaxaca, Mexico.

Strategies for inclusive teaching institute. (2023). Academic Innovation, UTSA.

Anatomy: Human neuroanatomy. (2022). Michigan EdX Course.

Adobe institute. (2021). The Office of Digital Learning, UTSA.

Innovation academy. (2021). Academic Innovation, UTSA.

Self-paced teaching online academy. (2021). UTEP Center for Instructional Design.

Inclusive excellence in hiring. (2020). Inclusive Excellence, UTSA.

PLS\_SEM: A comprehensive introduction. (2020). PLS-SEM Academy

Understanding your reviewer and interpreting reviews. (2019). UTSA Academic and Faculty Support, UTSA.

Making the most of Blackboard to improve your course. (2019). UTSA Academic and Faculty Support, UTSA.

Time-Saving Teaching Strategies for Student Success. (2019). UTSA Academic and Faculty Support, UTSA.

Grantsmanship 101: Keys to writing effective proposals. (2018). UTSA Academic and Faculty Support, UTSA.

Roadrunner roundup: Achieving teaching excellence. (2018). UTSA Academic and Faculty Support, UTSA.

Before you write: Positioning yourself to be competitive. (2018). UTSA Academic and Faculty Support, UTSA.

## SERVICE ACTIVITIES

### Department Service

2025	Department Review Committee, Department of Counseling, UTSA
2025	Chair, Department Chair Search Committee, Department of Counseling, UTSA
2024-2025	Co-Chair, Bylaws Committee, Department of Counseling, UTSA
2023-present	Member, Assessment Committee, Department of Counseling, UTSA
2023-present	Graduate Advisor of Record, Doctoral Program, Department of Counseling, UTSA
2023-present	Chair, Doctoral Committee, Department of Counseling, UTSA
2023-present	Program Director, Doctoral Program, Department of Counseling, UTSA
2023	Member, Department Annual Review Guidelines Committee, Department of Counseling, UTSA
2023	Member, Course Sequencing Committee, Department of Counseling, UTSA
2021-present	Member, Council for Accreditation of Counseling and Related Educational Programs (CACREP) Committee, Department of Counseling, UTSA
2020-2021	Member, Clinical Mental Health Counseling Search Committee, Department of Counseling, UTSA
2020-present	Support Chair, Budget and Scheduling Committee, Department of Counseling, UTSA
2019-2022	Co-chair, Neurofeedback Program Committee, Department of Counseling, UTSA
2019-2020	Convener, Clinical Mental Health Counseling Search Committee, Department of Counseling, UTSA
2019	Member, Doc Internship subcommittee, Department of Counseling, UTSA
2019-present	Fitness to Practice Student Review Committees, Department of Counseling, UTSA
2019-2023	Faculty Advisor, Neurofeedback Society of UTSA, Department of Counseling, UTSA
2018-2023	Member, Doctoral Committee, Department of Counseling, UTSA
2018-present	Chapter Faculty Advisor, Sigma Alpha Chi Chapter of Chi Sigma Iota, Department of Counseling, UTSA <ul style="list-style-type: none"> <li>• Awarded the 2024 Chi Sigma Iota International Outstanding Chapter Award (Large Chapter)</li> <li>• Awarded the 2024 Chi Sigma Iota International Outstanding Chapter Faculty Advisor Award</li> </ul>

## College Service

2022-2023	Member, COEHD Supercommittee, College of Education and Human Development, UTSA
2020-2021	Member, COEHD Research and Development Committee, College of Education and Human Development, UTSA
2019	Member, COEHD Internal Proposals Review Committee, College of Education and Human Development, UTSA

## University Service

2025	Member, Graduate School Dean Search Committee, UTSA
2025	Member, Internal Research Awards Peer Review Committee, UTSA
2024-present	Member, Brain Health Consortium Scientific Advisory Committee, UTSA
2020-present	Member, Faculty Senate Budget Committee, UTSA
2019	Member, Grant for Research Advancement and Transformation Peer Review Committee, UTSA
2018-2020	Member, Scholarships Committee, College of Education and Human Development, UTSA
2018-2020	Member, Faculty Senate Academic Freedom, Evaluation and Merit Committee, UTSA
2018-2020, 2020-2023, 2023-2026	Faculty Senator, Faculty Senate, UTSA

## Professional Service

2024-2026	Secretary, Chi Sigma Iota International
2024-2026	Chair, Publications Committee, Chi Sigma Iota International
2024-2026	Treasurer, Texas Association for Counselor Education and Supervision
2023-2024	Treasurer-Elect, Texas Association for Counselor Education and Supervision
2023-present	Editorial Board Member, <i>Journal of Creativity in Mental Health</i> , Association for Creativity in Counseling
2020-2023	Member, Awards Committee, Chi Sigma Iota International
2019-2022, 2022-2023	Assistant Editor, <i>Exemplar</i> , Chi Sigma Iota International
2018	Ad Hoc Reviewer, <i>Journal of Primary Prevention</i>
2016-2020	Awards Reviewer, Awards Review Panel, Chi Sigma Iota International
2016-2018	Past President, Rho Chapter, Chi Sigma Iota

2016	Research Grant Reviewer, Southern Association for Counselor Education and Supervision
2016-2017	Leadership Intern, Executive Council, Chi Sigma Iota International
2016-2017	Student Editor, <i>Exemplar</i> , Chi Sigma Iota International
2016-2017	Member, Publications Committee, Chi Sigma Iota International
2015-2016	Editor, <i>CSI Rho Chapter Newsletter</i> , Rho Chapter, Chi Sigma Iota
2015-2016	President, Rho Chapter, Chi Sigma Iota
2014-2015	Ph.D. Representative, Rho Chapter, Chi Sigma Iota
2013-2014	Vice President, Rho Chapter, Chi Sigma Iota

## PROFESSIONAL MEMBERSHIPS

2012-2019	Alabama Counseling Association (ALCA)
2016-present	American Counseling Association (ACA)
2017-2020, 2025-present	Association for Assessment and Research in Counseling (AARC)
2016-present	Association for Counselor Education and Supervision (ACES)
2019-2020	Association for Creativity in Counseling (ACC)
2013-present	Chi Sigma Iota Counseling Society International (CSI)
2023-present	International Association for Resilience and Trauma Counseling (IARTC)
2012-2017	Kappa Delta Pi International Honor Society in Education (KDP)
2023-present	International Association for Counselling (IAC)
2014-2017	Louisiana Counseling Association (LCA)
2014-2017	Louisiana Mental Health Counselors Association (LMHCA)
2016-present	Southern Association for Counselor Education and Supervision (SACES)
2018-present	Texas Association for Counselor Education and Supervision (TACES)
2018-present	Texas Counseling Association (TCA)